

KAYAK EQUIPMENT LIST

Please print this list off and make sure you have everything with you before you leave home.

- Lifejacket
- Remove Previous Race Stickers
- Kayak Helmet (Upper Clutha Only)
- Spray Skirt
- Flotation Bags (Not Wine Bladders)
- Bulkheads Must Be Standard Specified
- Repair Tape (Duct Tape)
- Survival Blanket
- Poly-prop (Top/Bottom – extra to what you are wearing.
- Windproof Jacket

First Aid Kit

- 10 Band Aids
- 1 Roll 2Cm Strapping Tape
- 1 5Cm Wide Crepe Bandage
- Triangular Bandage
- Small Scissors

I agree to carry all the required equipment on the specified legs.